

Advanced Rhythm for Little Ones

After your child is proficient with reading the Intermediate Rhythms, you can begin teaching the Advanced Rhythms. The Advanced Rhythms introduce the half rest and the whole rest!



Sh-sh
(Half Rest)



Sh-sh-sh-sh
(Whole Rest)

Use the posters in the Rhythm for Preschoolers and Early Elementary Children's Teaching Guide as a visual to help in teaching. Teach the rhythms similarly to how you teach your child animal sounds. You probably pointed to a picture of a pig and said something like, "The pig says, 'oink'. Can you say, 'oink?'" You can show the half note poster and say, "The half rest says, 'sh-sh'. Can you say, 'sh-sh?'" Don't worry about your child saying the real names (half rest, whole rest) right now. Your child only needs to know the sounds to read the rhythms. He or she will probably learn the real names after some repetition anyway! Teach the whole rest in the same way. You would say, "The whole rest says, 'Sh-sh-sh-sh'."

The half rest gets two beats. You and your child should practice patting the beats to make sure it gets two beats. The whole rest gets four beats. You should also practice patting the four beats with your child.

You can help your child cut out and match the following visuals to the half rest and whole rest posters. Later you can match these visuals with the flash cards.



Half Rest
"Sh-sh"

Whole Rest
"Sh-sh-sh-sh"

When your child has mastered all that is above, your child is ready for the Advanced Rhythm Flash Cards on this PDF. Below is an example of what your child will say.



Your child should say, "Sh-sh

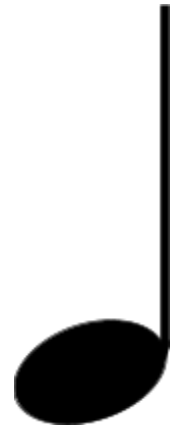


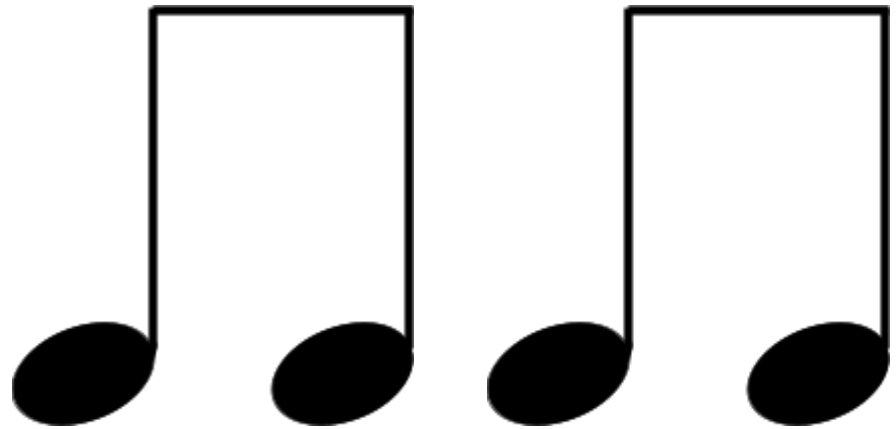
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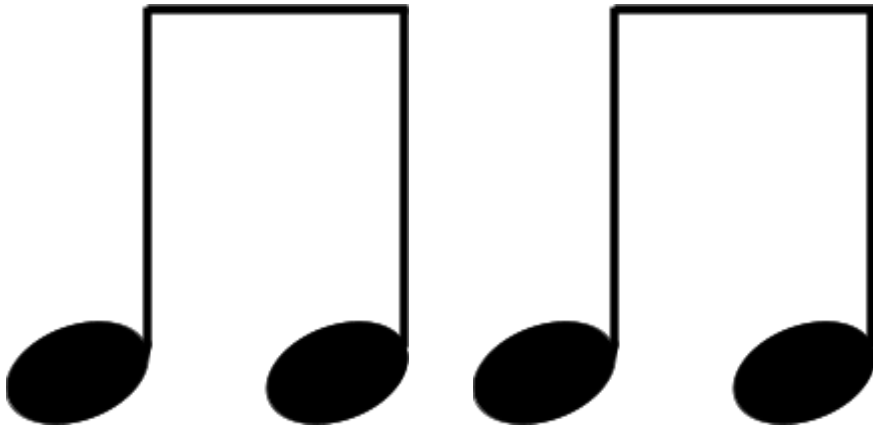
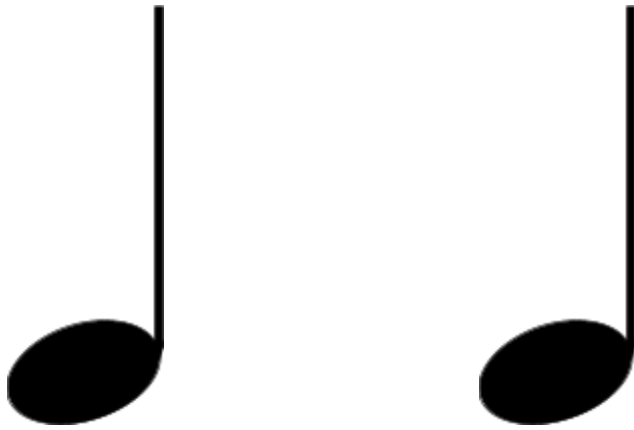


Ta."

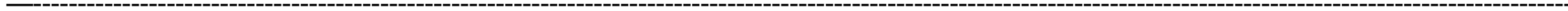
As your child becomes more comfortable reading rhythms, he or she can also play the rhythms as he or she reads them! You can use any child's instrument for this, or you can create your own instrument. Some easy instruments are pots and pans with wooden spoons for drums, a plastic container filled with dry rice or beans as a maraca, and rubber bands wrapped around a tissue box to pluck as a stringed instrument.









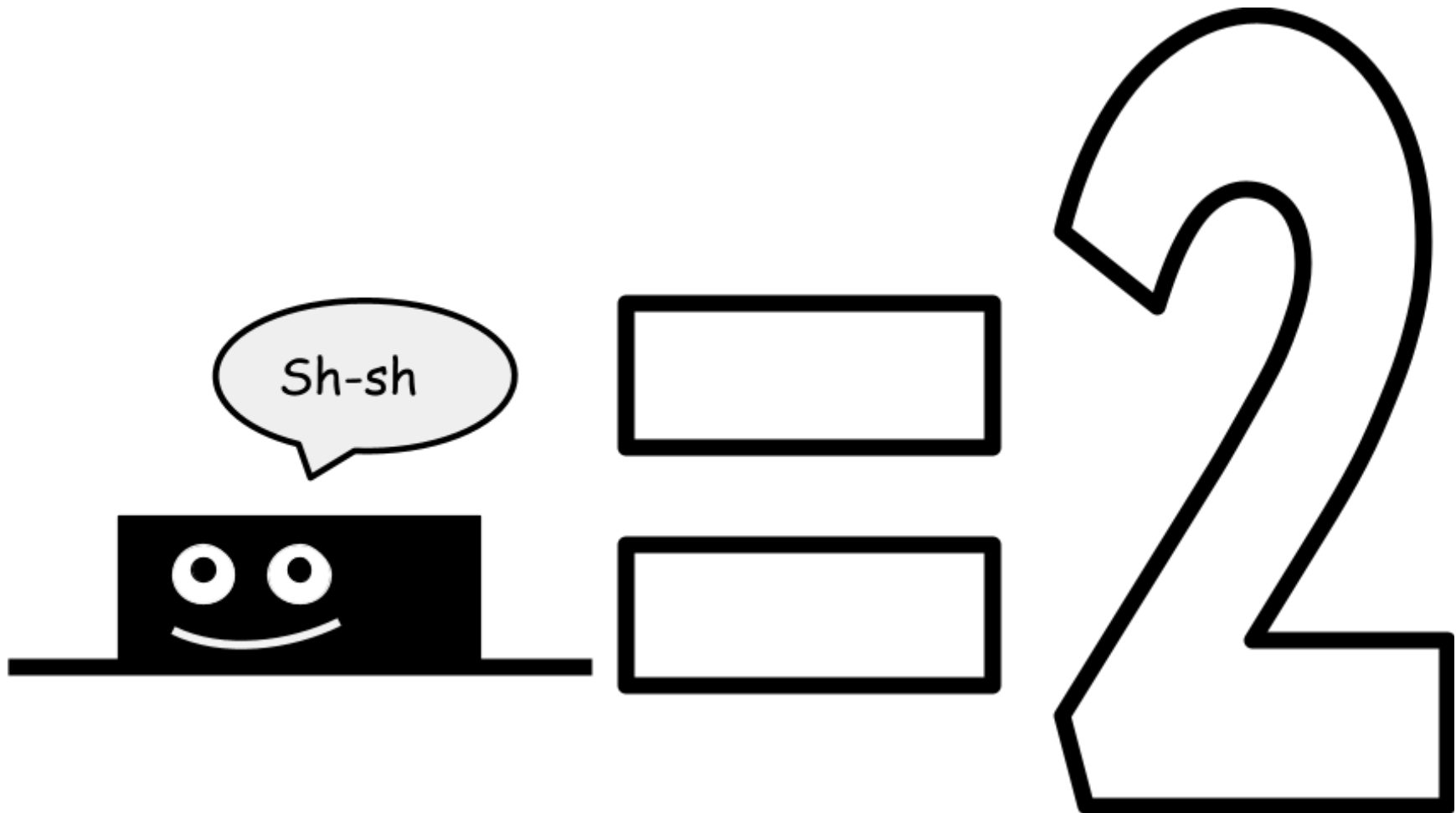




Name: _____

Grown-ups, you can print and use these pages once, or you can print and laminate to reuse.

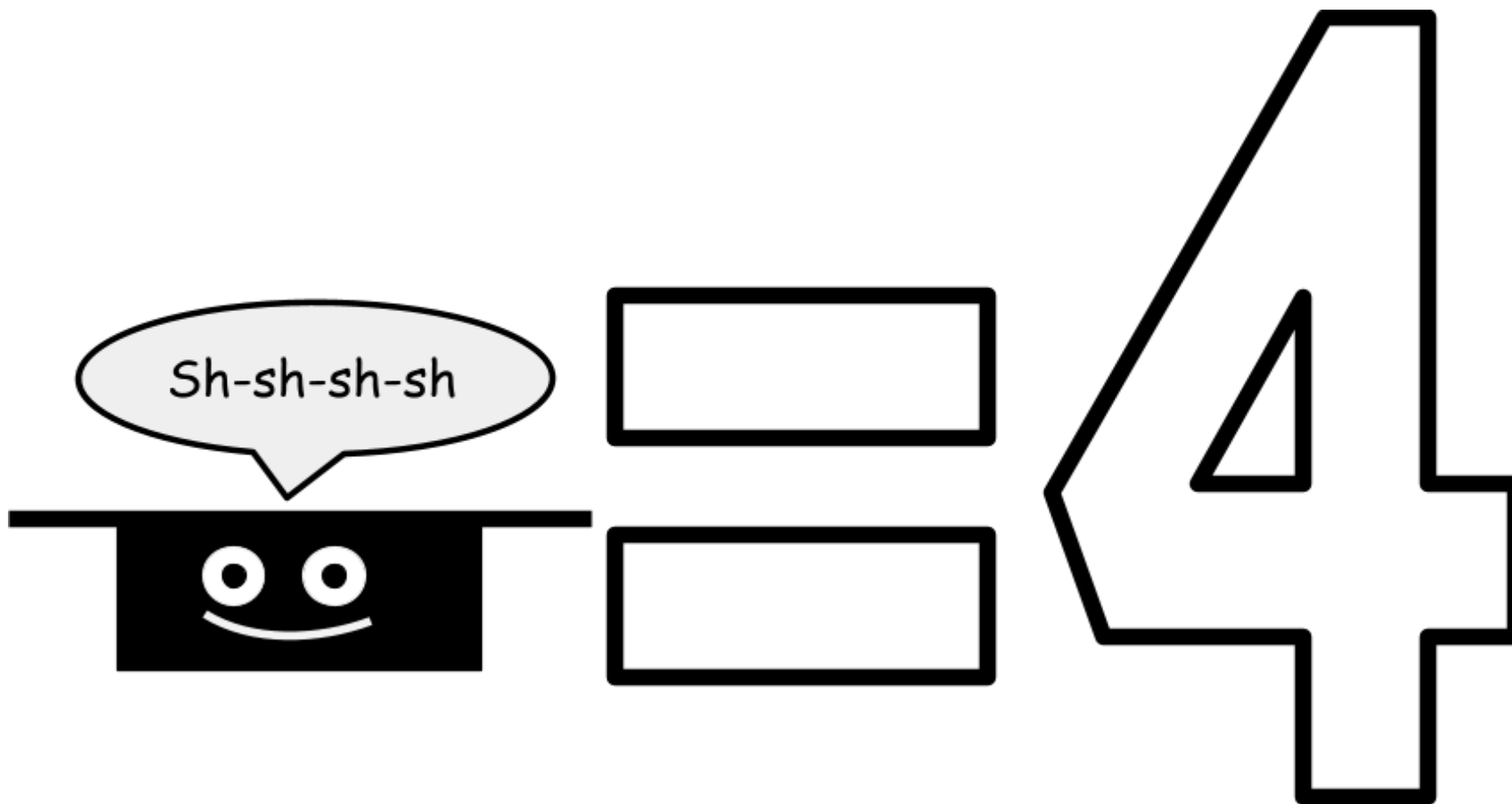
Color the number of the beats the musical symbol represents.



Name: _____

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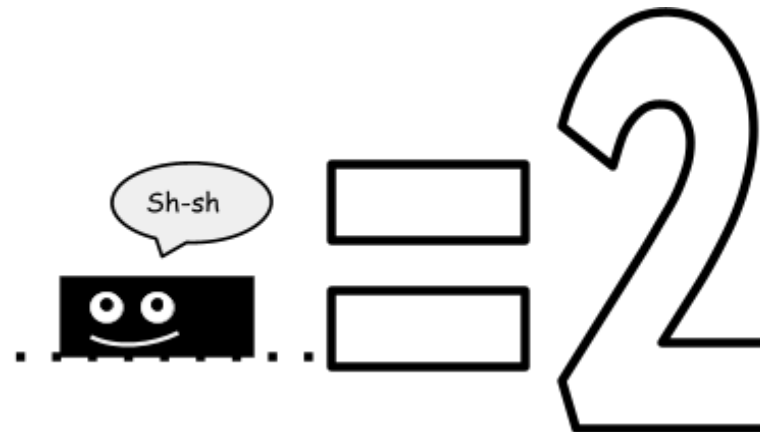
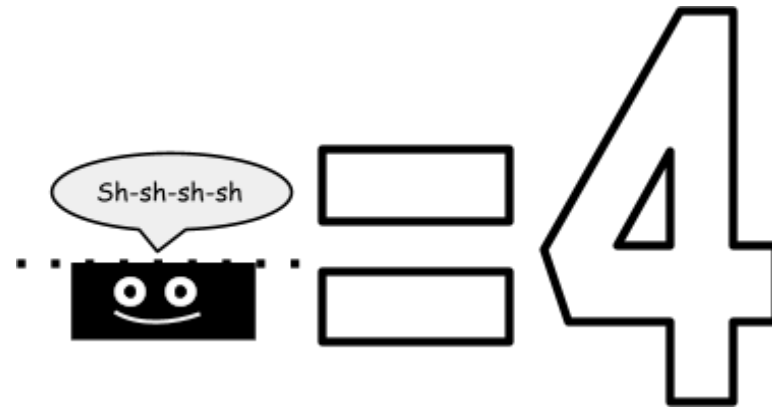
Color the number of the beats the musical symbol represents.



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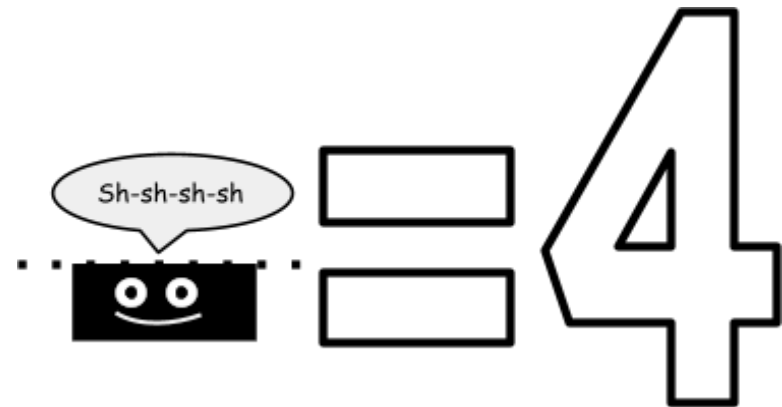
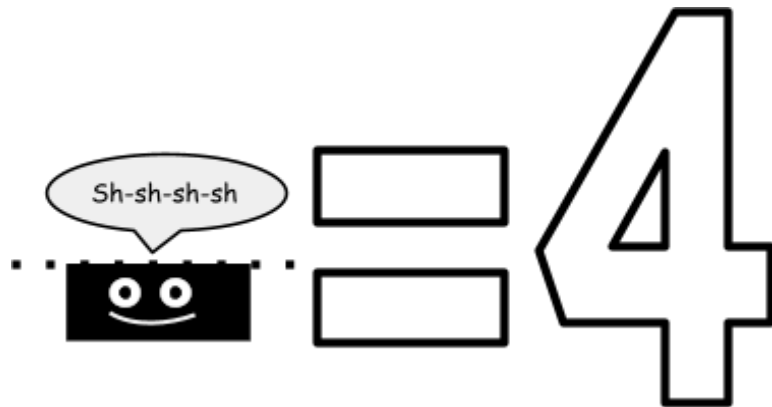
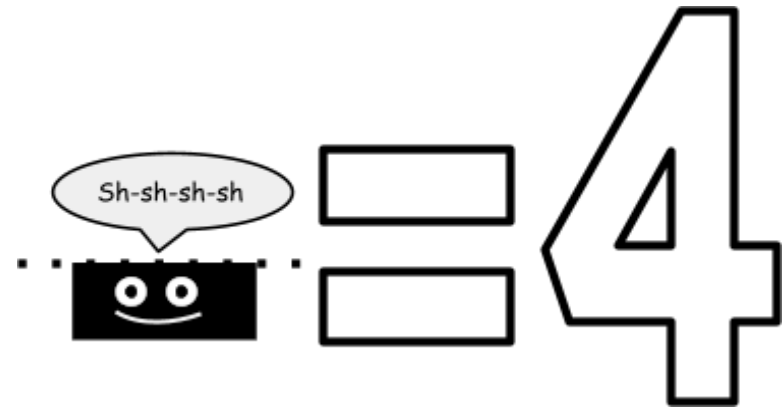
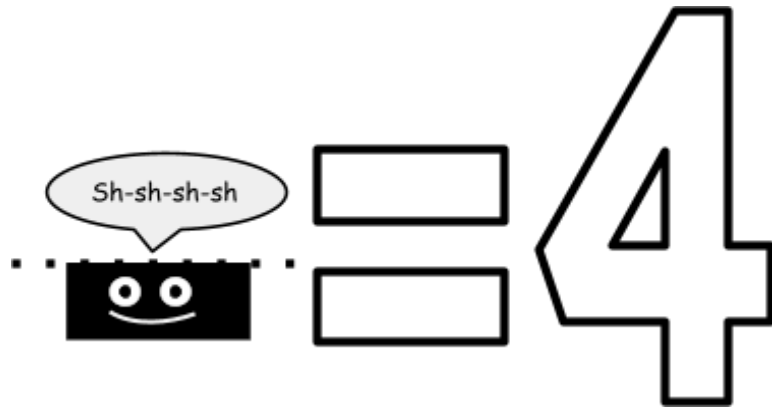
If the line is on top, it has 4 whole beats! If the line is on the bottom, it has 2 whole beats. Trace the lines.



Name: _____

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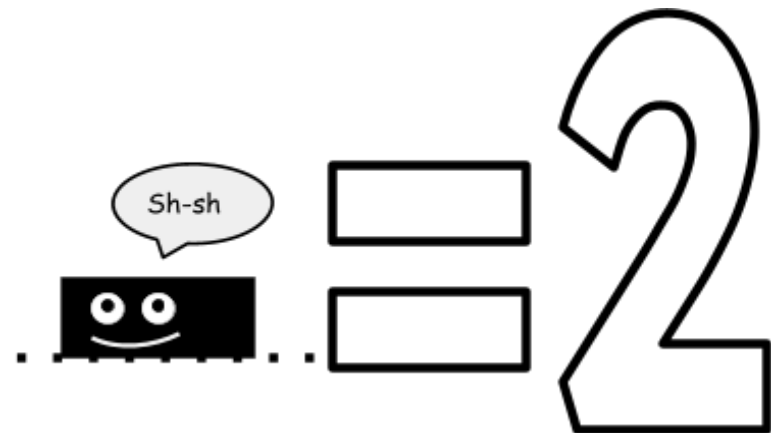
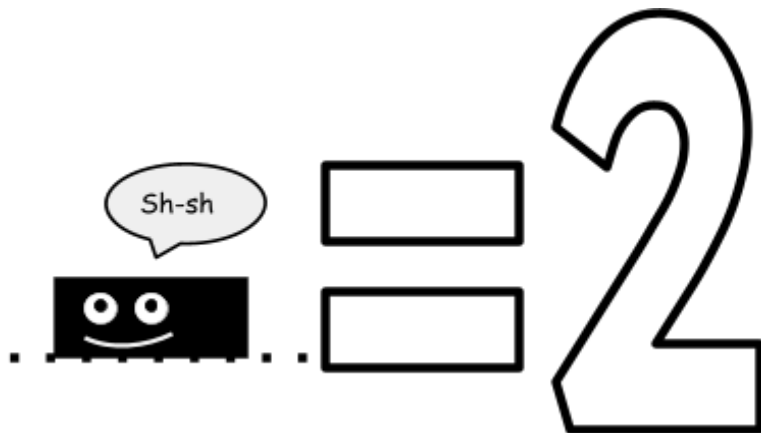
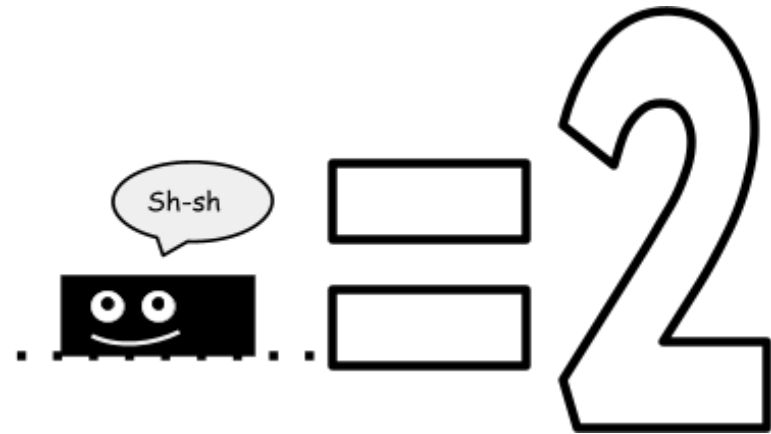
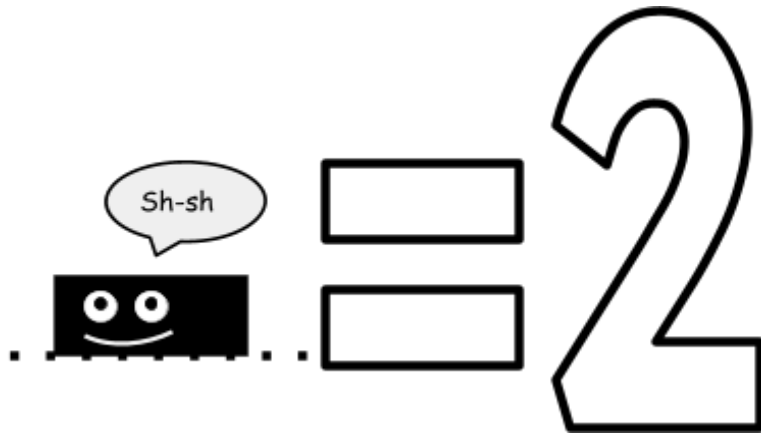
If the line is on top, it has 4 whole beats! Trace all of the Sh-sh-sh-sh lines.



Name: _____

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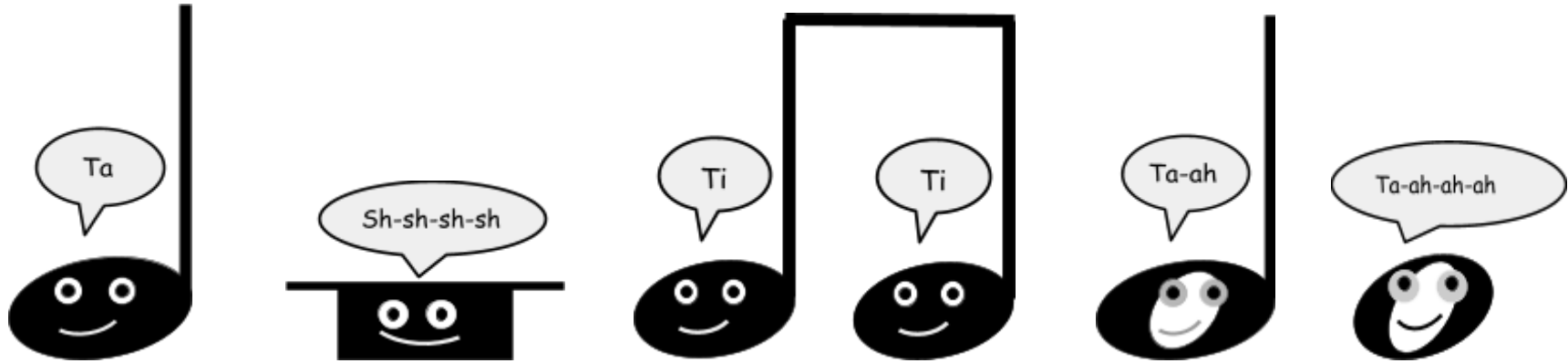
If the line is on the bottom, it has 2 whole beats. Trace all of the Sh-shelines.



Name: _____

Grown-ups, you can print and use these pages once, or you can print and laminate to reuse.

Draw a line to match the musical symbol to the number of beats it represents.



1

4

2

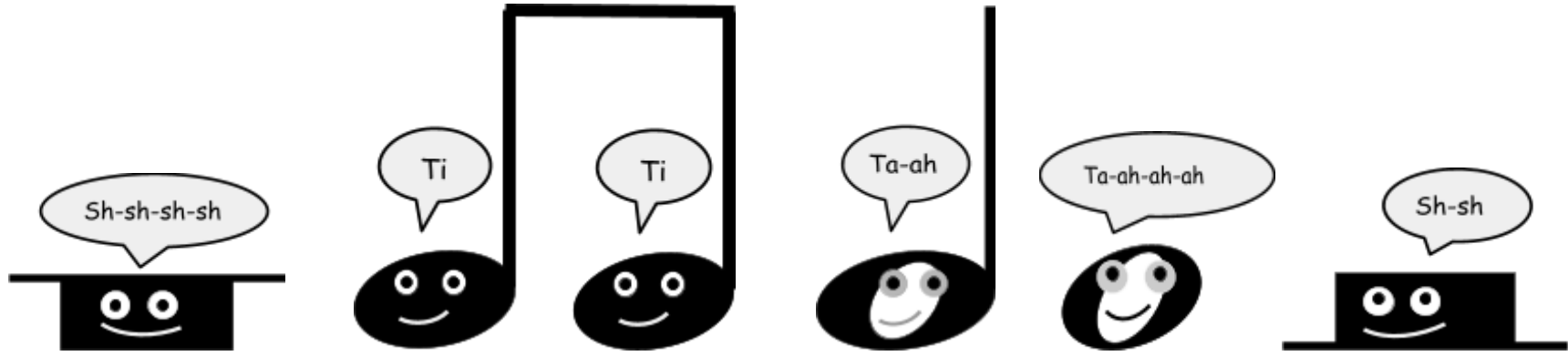
4

1

Name: _____

Grown-ups, you can print and use these pages once, or you can print and laminate to reuse.

Draw a line to match the musical symbol to the number of beats it represents.



1

2

4

2

4

Name: _____

Grown-ups, you can print and use these pages once, or you can print and laminate to reuse.

Use playdough to create the music notes on this playdough mat.

What sound does the
half rest make?



What colors did you use?

What sound does the
whole rest make?



What shapes did you make?